

Content note: graphic sex talk, mention of incest and age play, bodies, gender, bdsm, kink, implied sexual violence.

Language note: I talk about 'pussies' and 'cocks' and I do so with full acknowledgement that these words can signify various bodies. I am by no means referring only to cis bodies when I use these words. I am also always happy to use other words.

#### **Introduction**

I am 31 years old and I am just learning how to talk about sex. I am 31 years old and I am just beginning to know what I want, what I need, and what I won't tolerate. I have been learning how to keep myself as safe as possible for as long as I've been alive and I've learned a lot along the way.

Recently I had a boundary broken and it highlighted again that I need to know and be able to articulate my boundaries. It can be hard to know these things and even harder to talk about them. Am I even allowed to have these boundaries? Yes. I am.

And what about my desires? As a trauma bb I am literally so fucked up about my desires. I feel like they are the wrong ones, not queer enough, somehow irrevocably shameful. Learning how to say what I want is really scary hard work.

I have always felt like what I want is wrong. I have always tried to shape my desires to the desires of other people. I have always been afraid to truly own my 'yes', my 'no', and my 'under particular circumstances'.

I made this list as a reference for myself. As a way for me to get clear and honest with myself. As something to refer back to when I feel lost or confused or like I have no idea what I want or need. My desires are context and partner specific, so this isn't a one size fits all list. It's more like a list of writing prompts. Something to think about. A splash of inspiration. But not every one will fit every situation and that's okay. I am allowed to have context and partner specific desires!

This list is deeply personal. It's specific to me. My desires, boundaries, needs, and strategies are not the 'right' ones, nor are they the 'wrong' ones, they are simply mine. Yours will be different. The acts I say 'no' to are still hot acts for other people. They are just not for me for various reasons. The acts I say 'yes' to may not be for you, and that's okay. I share this with you to share the process more than the actual content, to create an example of what it might be possible to say, to demonstrate being specific and clear and not needing to justify what I want and need in my sexual experiences. Because writing this list felt impossible for me, so maybe reading it will help you write a list of your own.

I know there are those sexual questionnaires out there that give a yes/no/maybe layout and a list of possible sexual acts. I think those are great tools and I

encourage people to use them if they are helpful. I also find that my needs and desires can be complex and spill over those confines. I also find that free writing is more honest for me, it allows me to say things that predesigned questionnaires don't elicit. And I also believe that boundaries and safety strategies are tied up with desires, are necessarily a part of the work of knowing what I want.

It should go without saying but it doesn't so I'll say it: We are never responsible for the violence that happens to us. No matter what. Even if we are drunk, even if we are passed out naked in a stranger's house, even if we don't follow any safety precautions. Violence is always solely the fault and responsibility of the perpetrator. That being said, we can talk about ways to minimize our risk while refusing to victim blame or shame our sexual desires.

So here's a little glimpse of me, right now, in my ever unfolding process of coming to know myself better. May it inspire you to claim all that you so fundamentally deserve.

(Maybe ultimately this is a poem. Maybe it can be read like one.)

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Clementine Morrigan is a writer, artist, and working witch. She writes the zine Fucking Magic. Their first book, Rupture, was published in 2012. Her second collection of poetry, The Size of a Bird, was published in 2017. Their creative writing has appeared in the literary journals Prose & Loreand Soliloquies, and her scholarly writing has appeared in the academic journals Somatechnics, The Canadian Journal of Disability Studies, and Knots. They have also written for Guts Magazine and Shameless Magazine. She is the creator of two short films, Resurrection (2013) and City Witch (2016). Their creative, artistic, and scholarly works consider trauma, madness, addiction, sobriety, gender, sexuality, desire, magic, re-enchantment, environment, and more-than-human worlds. She facilitates workshops and guest lectures on a number of topics. They provide professional tarot reading services for individuals and events. She is a white settler of Irish, Scottish, and English ancestry living on unceded Kanien'keha:ka territory. They are a practitioner of trauma magic.

## My Sexual Boundaries

Ask verbally before penetrating me, with anything. I prefer if it's worded as 'do you want me to?' as opposed to 'can I?'. I will likely tell you I need more time.

You can ask again or wait until I tell you I'm ready.

Ask me before going down on me. Be willing to follow instructions.

Don't take my hand off my clit ever.

If you won't invite me to your house or introduce me to your friends don't fuck me.

Don't take days to get back to my text or consistently leave me on read. If you can't reply right then, say that. Also I don't fuck people who never text me first.

I always use condoms for penetrative sex (unless it's a silicone cock that's been boiled). If I'm fucking you at your place you should have condoms.

I won't avoid dates or make excuses when I'm on my period. I will simply say I'm on my period and open a negotiation for what we might both be open to in that case. I won't act like my period is shameful or taboo.

Just because I have bruises or marks on my body doesn't mean anything. Just because I do something with someone else doesn't mean I'm going to do it with you.

I don't do age play or implied incest.

I don't owe you sex.

I don't have to fuck you or fuck you in a particular way to prove I'm queer. Or for any reason other than my genuine desire and mutual consent.

I don't do fisting.

I need gentleness when it comes to eating pussy. Let me go slow, take breaks. Tell me what you like.

Don't hit me or choke me without talking about it first. Don't try to fuck me in the ass without talking about it first.

Don't call my pussy my 'vagina'.

I won't have sex that I have no language to talk about. Please tell me what language you feel good about for your body and let's agree upon language for sex acts.

I don't want to get on top usually unless I'm in a particular mood.

I can slow down, pause, or stop whenever I want and so can you.

#### **Conclusion**

Whoever we are, however we fuck, we deserve safe, respectful, fulfilling sex.

Figuring out how to navigate sex is hard work and we aren't given much instruction on how to do that work. I hope you feel inspired to begin thinking about what your boundaries, desires, needs, and safety strategies might be.

Thank you to the sluts, queers, survivors, D/s babes, and bad bisexuals who teach me so fucking much. Thank you to my partner Jay for everything.

# My Sexual Safety Strategies

The safety text: send picture / name / address to Jay or another trusted person, if I'm going to a new person's place. Have a check in time.

Pause and get privacy at first red flag. If I feel off I will say I need to go to the washroom or make a call so that I can be alone to process what just happened and figure out how I feel and how to proceed.

Always have charged phone and condoms. Metropass, money. Always keep coat and bag close by.

Meet outside / in a public place.

Never accept a beverage that I didn't see opened. Only accept water I see coming out of the tap.

Have sex talk. Talk about boundaries, desires, needs. Ask questions. Don't fuck people who won't have this convo.

If something fucked happens during sex - pause and privacy. Again, use the bathroom as an excuse. Be alone and figure out next move. Do I need to leave? Do I need to talk about it?

Practice saying stop or pause with Jay because I love and trust them very much and it's a safe place to practice.

### My Sexual Desires

I want a service top. I want you to fuck me, be rough with me, let me choke on your cock, maybe even hit me if you're nice and you deserve it. I want you to throw my body around, move me, fuck me hard in pussy, fuck my throat, take control, shove your fingers in my mouth.

I want you to fuck me from behind.

I want you to touch me all over and massage my whole body. I want you to squeeze and massage my butt until my pussy is dripping and then start massaging the outer lips of my pussy. Then I want you to ask if you can slide a finger inside me.

I want lots of build up, lots of making out and touching and grinding and eye contact before you touch my pussy.

I want to strap it on and get fucked with a strap on. I want to suck silicone cock and have my cock sucked. I want to see you choke on it.

I want to scissor, smash our pussies together till they're bruised.

I want to make out for a long time, and press our bodies together and grind on each other. I want to feel your weight on me and my weight on you.

I want you to take control and tell me what to do. We can talk about it before hand so you know what my limits are and what the parameters are but I love to be ordered around. I love to follow instructions.

I want you to rub your cock / pussy all over my body. I want it on my face and my thighs and my stomach. I want to feel you smacking yourself or pressing yourself against me.

I want to watch you make yourself cum.

I want you to put one finger in my ass and one in my pussy while I choke on your cock. Or two fingers each.

I want you to give me hickeys.

I want to suck on your toes and watch you suck on mine.

I want to use my vibratory during sex. I want you to fuck me with a dildo.

I want you to put ice cubes in my pussy.

I want you to go down on me in an upside down position and to run slow circles around my clit with your tongue. I want you to suck on my pussy. I want to grind on your face.

I want to fuck two guys at once. Get fucked and suck cock at the same time.

I want to fuck in front of other people in a consensual context.

I want to be Dommed with another sub.

I want to be tied up but only by people I trust.

# My Sexual Needs

I need you to treat me with respect and care even if it's just sex. I need affection from my lovers even if it's casual.

I need a way to communicate pause nonverbally, such as the double tap.

I need it to be chill to slow down or take breaks.

I need it to be chill for me not to cum. I need it to be chill for me to ask you to help me cum if you cum before me.

I need it to be welcomed for me to touch myself.

I need you to be open to talking about sex. I need to have conversations about our sexual boundaries, desires, and needs.

I need to feel welcomed in your life and not like I'm a secret.